

EUI SAFETY 2022

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Trampoline related injuries in children aged up to 18 years old A multinational study based on EU-IDB (2008 and 2018)

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Introduction, methods, results

Results:

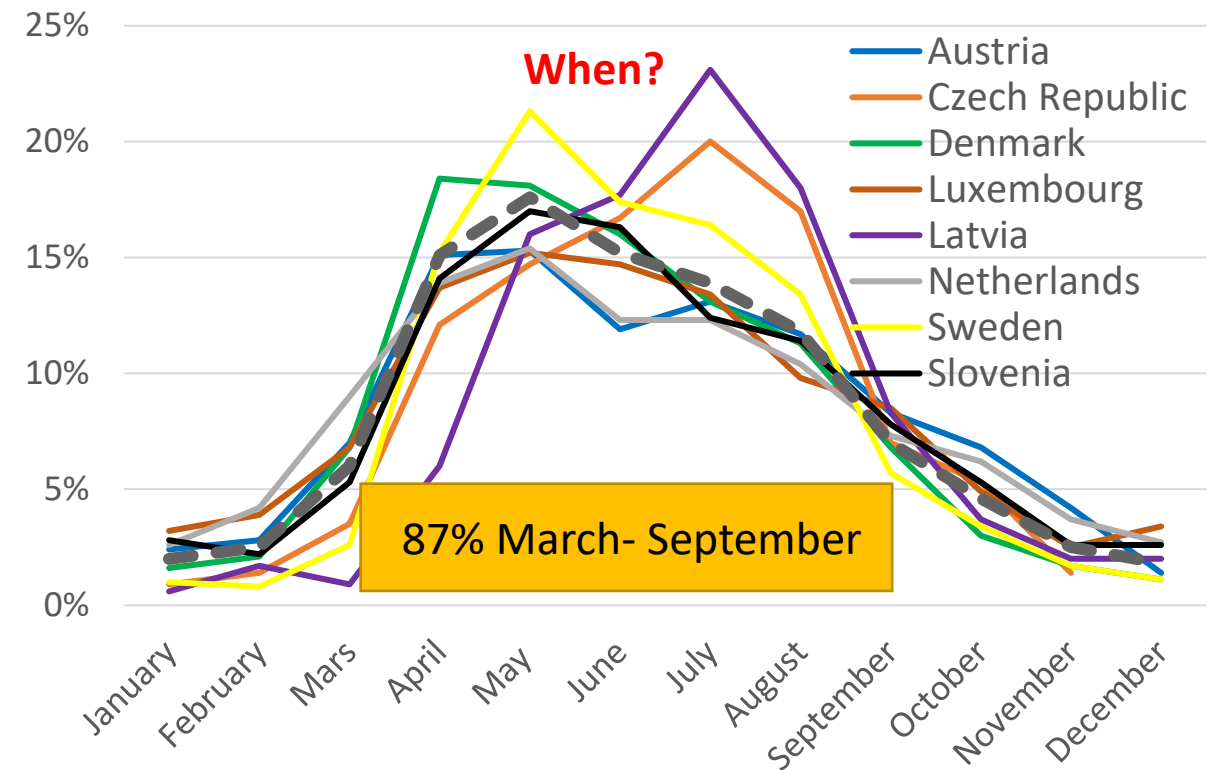
Estimated incidence 1.5–2.8
per 1000

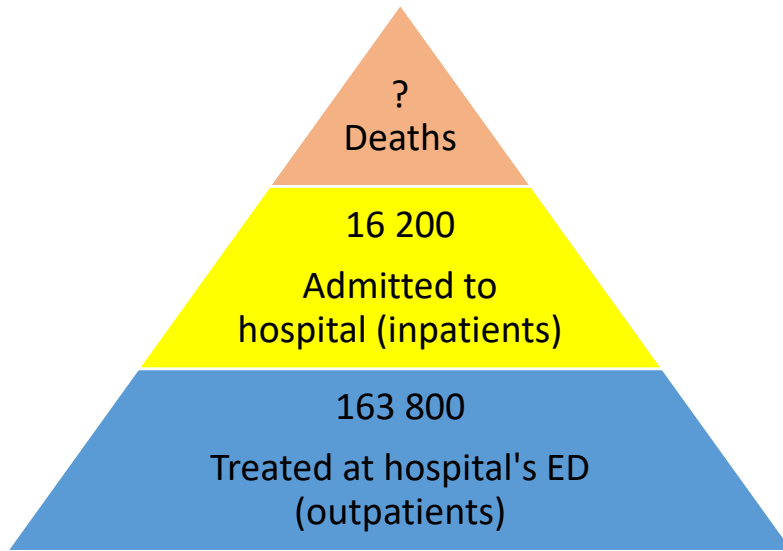
Introduction: Trampolines = high popularity among children + frequent cause of injury

Objective: Describe the extent and patterns of trampoline related injuries in some European countries and draw conclusions for targeted prevention .

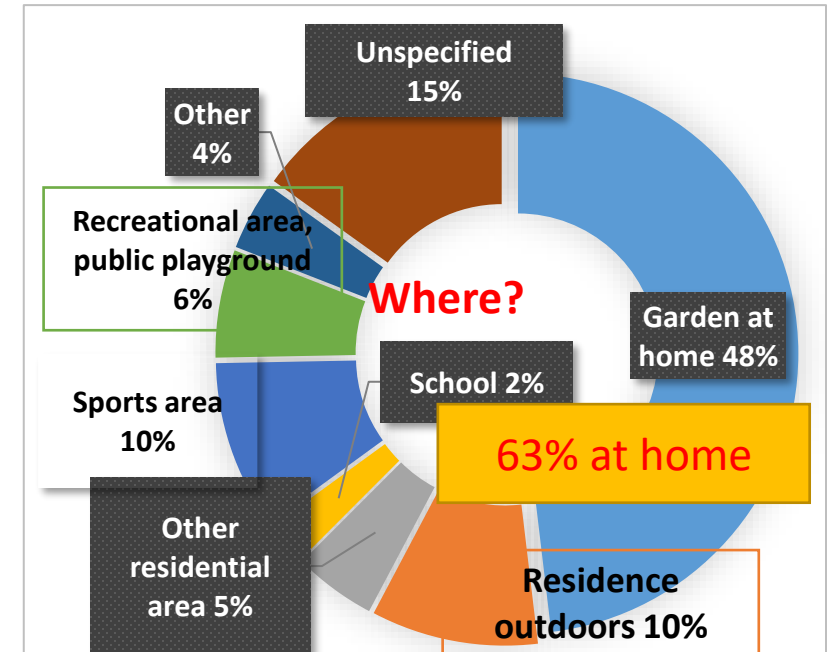
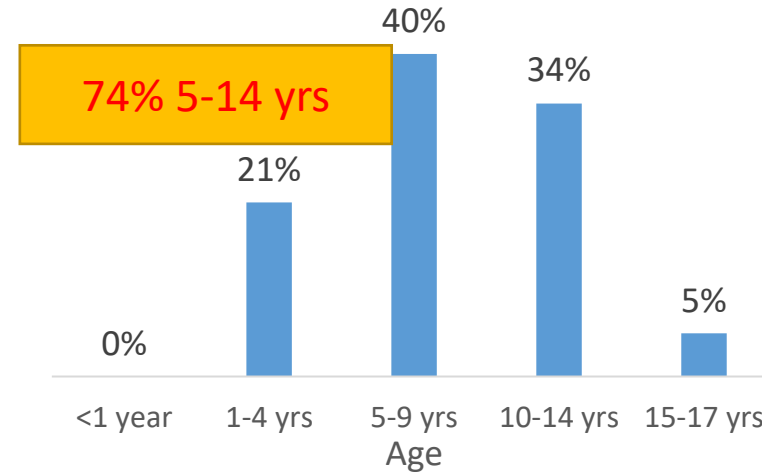
Methods: IDB-FDS data from 2008-2018

- 8 EU countries
- HLA, school and sport accidents
- < 18 years old
- At least an object's code 10.0310 (Trampoline) involved

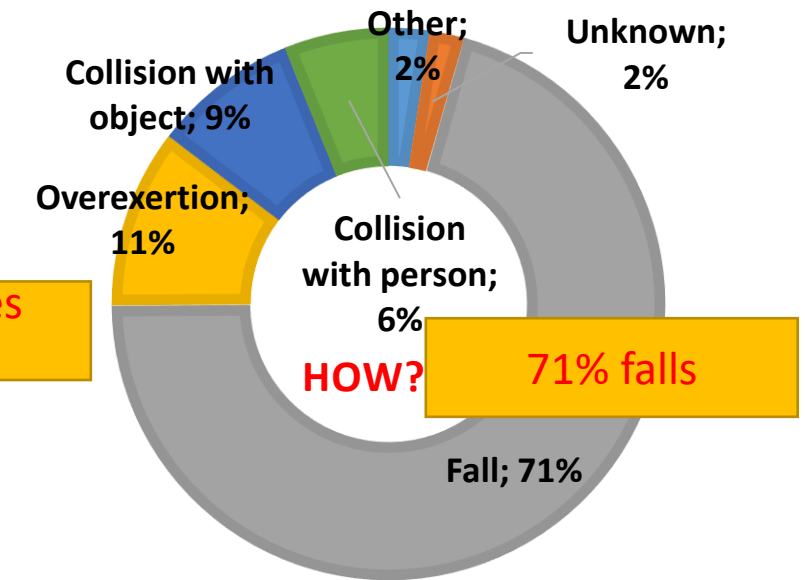
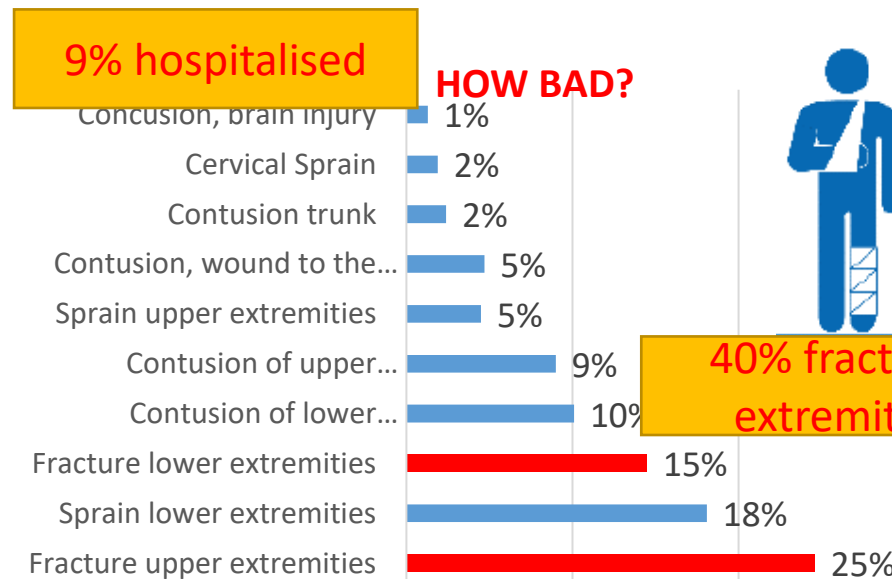




WHO?



HOW BAD?



Estimated injury burden (2014 EU 28)

To avoid trampoline injuries:

- a) netting, safety equipment do not reduce risk
- b) no trampoline at home
- c) 1 child at a time
- d) adult supervision
- e) discourage somersaults, flips